

Soundview Family YMCA

Pool Schedule - November 1st - December 19th, 2010

Warm Water Pool

Mon. & Wed.	Lane 1	Lane 2	Lane 3	Lane 4
Schedule Subject to Change				
5:30am-8:00am	Free Swim		Lap Swim	
8:00am-9:00am	Water Fitness			Lap Swim
9:00am-10:00am	Free Swim			Lap Swim
10:00am-11:30am	Free Swim		Swim Lessons	
11:30am-1:30pm	Water Fitness			Lap Swim
1:30pm-4:00pm	Free Swim			Lap Swim
4:00pm-6:15pm	Free Swim		Swim Lessons	
6:15pm-7:15pm	Free Swim	Water Fitness		
7:15pm-9:00pm	Family/Free Swim			
Tues. & Thurs.	Lane 1	Lane 2	Lane 3	Lane 4
5:30am-9:30am	Free Swim		Lap Swim	
9:30am-12:30pm	Water Fitness			Lap Swim
12:30pm-1:30pm	Free Swim			Lap Swim
1:30pm-3:15pm	Free Swim		Swim Lessons	
3:15pm-5:00pm	Free Swim			Lap Swim
5:00pm-6:15pm	Free Swim		Swim Lessons	
6:15pm-7:15pm	Free Swim	Water Fitness		
7:15pm-9:00pm	Family/Free Swim			
Friday	Lane 1	Lane 2	Lane 3	Lane 4
5:30am-8:00am	Free Swim		Lap Swim	
8:00am-9:00am	Water Fitness			Lap Swim
9:00am-10:00am	Free Swim			Lap Swim
10:00am-11:30am	Free Swim		Swim Lessons	
11:30am-4:00pm	Free Swim			Lap Swim
4:00pm-6:15pm	Free Swim		Swim Lessons	
6:15pm-7:00pm	Family/Free Swim			
Saturday	Lane 1	Lane 2	Lane 3	Lane 4
7:00am-8:00am	Free Swim			Lap Swim
8:00am-9:00am	Water Fitness			Lap Swim
9:00am-9:30am	Free Swim			Lap Swim
9:30am-12:30pm	Swim Lessons			
12:30pm-6:30pm	Family/Free Swim			
Sunday	Lane 1	Lane 2	Lane 3	Lane 4
12:00pm-1:00pm	Family/Free Swim			
1:00pm-4:00pm	Free Swim		Swim Lessons	
4:00pm-5:30pm	Family/Free Swim			

FREE SWIM DOES NOT PERMIT LAP SWIMMING UNLESS UNUSED BY OTHER PATRONS

Lanes 3 and 4 may be closed periodically between 2:00-3:00 and 4:30-5:30 on Saturdays for Birthday Party Rentals.

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Competition Pool

Monday & Wednesday	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
	Schedule Subject to Change					
5:30am-7:15am	Lap Swim			MASTERS SWIM (Monday)		
7:15am-9:00am	Free Swim		Lap Swim			
9:00am-10:00am	Water Fitness			Lap Swim		
10:00am-5:15pm	Free Swim		Lap Swim			
5:15pm-7:30pm	SWIM TEAM					Lap Swim
7:30pm-9:00pm	Lap Swim					
Tuesday & Thursday	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:30am-7:15am	Lap Swim			MASTERS SWIM		
7:15am-8:30am	Water Fitness		Lap Swim			
8:30am-5:15pm	Free Swim		Lap Swim			
5:15pm-7:30pm	SWIM TEAM					Lap Swim (Thursday)
7:30pm-9:00pm	Lap Swim			MASTERS SWIM		
Friday	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:30am-8:00am	Lap Swim					
8:00am-9:00am	Free Swim		Lap Swim			
9:00am-10:00am	Water Fitness			Lap Swim		
10:00am-5:15pm	Free Swim		Lap Swim			
5:15pm-7:30pm	SWIM TEAM					
Saturday	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
7:00am-9:00am	SWIM TEAM					
9:00am-10:00am	Water Fitness			Lap Swim		
10:00am-4:00pm	Free Swim		Lap Swim			
4:00pm-6:30pm	Lap Swim					
Sunday	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
12:00pm-2:00pm	Free Swim		Lap Swim			
2:00pm-4:00pm	Free Swim		Swim Lessons		Lap Swim	
4:00pm-5:30pm	Free Swim		Lap Swim			

FREE SWIM DOES NOT PERMIT LAP SWIMMING UNLESS UNUSED BY OTHER PATRONS

Lanes 3 and 4 will be used for swim lessons when Birthday Parties are occurring on Sundays in the Warm Pool.