3.1 The Experiment

A known amount (dose) $m_0$ of an indicator is injected as a bolus into a system having one or more inlets and a single well mixed outlet from which we can sample. The flow $F$ of the carrier fluid through the outlet is constant while the outlet concentration $c(t)$ varies with time. The small quantity of indicator leaving the system during the short time interval $dt$ from time $t$ to time $t + dt$ is thus

$$dm_{out} = Fdt \cdot c(t)$$

because the interval is so brief that $c(t)$ can be considered constant throughout it. Summing up individual amounts leaving the system until all indicator has left yields the mass balance equation

$$m_0 = F \int_0^\infty c(t)dt$$

Solving Eq. [3.2] for the flow $F$ gives

$$F = \frac{m_0}{\int_0^\infty c(t)dt}$$

In Eqs. [3.2] and [3.3] the time integral is the sum of all the products $c(t)dt$ and therefore it represents the total area under the outflow concentration curve.

This is the well known indicator dilution method first used by Henriques in 1913 and subsequently thoroughly analyzed by Hamilton and his collaborators in 1928 and in a series of subsequent publications.
If the indicator is a tracer for a mother substance whose concentration in the carrier fluid at the outlet is \( C \) then the flux \( J \) of the mother substance is the product of \( F \) (flow) and \( C \). Hence

\[
J = FC = \frac{m_0 C}{\int_0^\infty c(t) dt} = \frac{m_0}{\int_0^\infty s(t) dt} \tag{3.4}
\]

That is, the flux can also be calculated as the dose/area ratio; in this case the area is that under the specific activity curve.

Equation [3.4] is also valid when there is no carrier fluid flow \( F \) but when the tracer leaves the system with the mother substance in a measurable ratio, the specific activity \( s(t) \). Consider for example the intravenous injection of the albumin tracer \(^{131}\text{I} \) labeled serum albumin as a bolus. By taking daily blood samples we can measure the specific activity \( s(t) \) in plasma. Assuming that this is the same as the specific activity at the breakdown site we can write an equation that is analogous to Eq. [3.1]: In the short time interval from \( t \) to \( t + dt \) the amount of indicator leaving is

\[
Amount = \text{Amount of carrier leaving mother substance} \times \text{Specific activity of tracer} \tag{[3.5]}
\]

\[
dm_{\text{out}} = J dt \cdot s(t)
\]

And, by integration, one gets

\[
\text{Amount injected} = \text{Sum of all amounts leaving} \tag{3.6}
\]

\[
m_0 = J \int_0^\infty s(t) dt
\]

Hence we can obtain the result denoted in Eq. [3.4], \( J = m_0 / \int_0^\infty s(t) dt \), without using the concept of a flow \( F \).

Assume that, as in the example in which albumin “turn-over” = flux, we measured \( s(t) \) in a fluid that contains both tracer and mother substance in the same ratio as at the outlet. This fluid may be considered the reference fluid. The clearance \( Cl \) (ml/min) of mother substance may then be defined as \( J / C \) where \( C \) is the concentration of mother substance in the reference fluid. Inserting this into Eq. [3.4] gives

\[
\text{Clearance} = \frac{\text{Dose}}{\text{Area}} \tag{3.7}
\]

\[
Cl = \frac{J}{C} = \frac{m_0}{\int_0^\infty c(t) dt}
\]

where \( c(t) \) is the concentration of tracer in the reference fluid.
\( Cl \) in Eq. [3.7] is thus an equivalent flow that is analogous to \( F \) in Eq. [3.3]. By this we mean that the outflux \( J \) corresponds to the complete clearing (rinsing) of all the mother substance in \( Cl \) ml/min of the reference fluid that has a specific activity that at any time \( t \) is the same as that at the outlet.

We can summarize the bolus injection method for measuring flow and flux as

\[
\begin{align*}
\text{Flow of carrier fluid} & : F \\
\text{Flux of mother substance} & : J \\
\text{Clearance of reference fluid} & : Cl
\end{align*}
\]

\[
\begin{align*}
\text{Area under } c(t), \text{ measured in carrier fluid} \\
\text{Area under } s(t), \text{ measured in mother substance} \\
\text{Area under } c(t), \text{ measured in reference fluid}
\end{align*}
\]

Although the mass balance principle expressed in Eq. [3.8] is simple and clearcut, various complications arise in applications to experiments, some of which are discussed in the following sections.

### 3.2 Single Cumulative Sample

Suppose we could collect the entire outflow of fluid at the outlet in one single "bucket" from time 0 to such time \( t_n \) after which no further indicator emerges. That means

\[
\begin{align*}
\text{Amount injected} & = \text{Amount recovered} \\
\text{Volume} & = \text{Concentration} \\
m_0 & = (Ft_n + V_i) \\
\bar{c} & = \frac{V_i}{Ft_n + V_i}
\end{align*}
\]

where \( Ft_n + V_i \) is the total amount of fluid (carrier fluid plus injected volume) leaving the system during the sampling period of \( t_n \) sec, and \( \bar{c} \) is the average outlet concentration of indicator within that period. As we shall discuss in more detail in Sec. 3.7, this concentration \( \bar{c} \) would also be determined if only a constant fraction, instead of the total outflow, is collected in the bucket. Therefore \( \bar{c} \) may be termed the flow-averaged concentration of a single cumulative sample from time 0 to time \( t_n \).

Because the injected volume \( V_i \) is much smaller than the cumulative outflow of blood (the small perturbation condition), \( Ft_n + V_i \approx Ft_n \) and hence Eq. [3.9] solved for flow becomes approximately

\[
F = \frac{m_0}{\bar{c}t_n}
\]

The product \( \bar{c}t_n \) equals the area under the indicator concentration curve \( A_c \). This area divided by \( t_n \) is actually the mathematical definition of \( \bar{c} \). Hence Eq. [3.10] can be expressed in the form of flow equals dose divided by area.

The single cumulative sample approach outlined here has

![Diagram of bolus injection and outlet mixing](image)
a major limitation: it is assumed that the sampling will last until complete recovery of the bolus has occurred yet without recirculation of indicator, in a situation where we have no experimental evidence that both of these conditions can be fulfilled. In circulation studies recirculation generally occurs long before complete recovery of the bolus has been achieved. As mentioned in the case of the constant infusion method, if a similar (bilaterally symmetrical) noninjected system is available for simultaneous sampling, then the correct \( \tilde{c} \) is obtained by subtraction as

\[
\tilde{c} = \tilde{c}_{\text{inj}} - \tilde{c}_{\text{noninj}} \tag{3.11}
\]

It may be noted that the experimental correction for recirculation [Eqs. 1.15 and 3.11] is based on outlet sampling from an assumed bilaterally symmetrical system. This is a direct approach, in contrast to inlet sampling methods for recirculation correction that are indirect because a convolution procedure is required to calculate the outlet recirculatory response (see Chapter 9). It should be noted that in many metabolic systems, such as the total albumin mass in the body, no recirculation occurs.

### 3.3 Continuous Monitoring

Suppose a densitometer is mounted on the sampling catheter through which blood is withdrawn at a constant rate. The densitometer is calibrated to yield the indicator concentration \( c(t) \). A smooth continuous curve of \( c(t) \) versus time \( t \) is thus obtained. This curve allows extrapolation to complete recovery as well as elimination of the influence of recirculation. These corrections are based on an analysis of the downslope of the curve. It has been shown for many systems that a monoexponential function can be used to approximate the lower part of the downslope if recirculation is absent. Recirculation is therefore recognized as a deviation from linearity on a semilogarithmic plot of the tail part of the curve (log \( c \) plotted against \( t \)).

It is the area under the corrected \( c(t) \) curve that we must calculate. This area \( A_e \) is obtained in two sections. One integrates the actual curve from time 0 until the time \( t_e \). From then on the curve is considered monoexponential. The remaining area, from \( t_e \) to infinity, is obtained as the product of the curve height at time \( t_e \) (that is \( c(t_e) \)) and the time constant \( t_{1/e} \). Thus

\[
A_e = \int_0^{t_e} c(t) \, dt + c(t_e) \, t_{1/e} \tag{3.12}
\]

The integral can be obtained by planimetry of the linear curve or simply by adding together curve heights measured at sufficiently brief intervals (e.g., 0.5 sec), remembering to
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When extrapolating remember to measure \( t_{1/e} \) in the same units as \( \Delta t \).

Note the inconsistency: one cannot directly compare in situ and bucket sampling, but in practice the error is negligible.

multiply by \( dt (1/120 \text{ min in this example}) \). The time constant \( t_{1/e} \) equals \( t_{1/2}/\ln(2) = t_{1/2}/0.693 \). \( t_{1/e} \) is the time it takes for the monoexponential curve to decrease to \( 1/e \) of a given value; since \( 1/e \approx 0.37 \), \( t_{1/e} \) can be obtained as the time until the curve decreases to 37% of its initial value. \( t_{1/e} \) is the reciprocal of the exponential coefficient \( k \); that is \( k = 1/t_{1/e} = 0.693/t_{1/2} \).

In terms of \( k \) the area under the tail part of the curve is \( c(t_f)/k \).

Sometimes it is practical to combine the continuous monitoring approach with the single cumulative sample approach. Let the densitometer yielding the outlet concentration curve be mounted immediately in front of a collection syringe by which we take one cumulative sample at a constant rate to obtain \( \bar{c} \) by chemical analysis. In this case the densitometer need not be calibrated in absolute units (the calibration factor might depend on individual experimental conditions such as the blood hematocrit). It is necessary only that the densitometer deflection is proportional to \( c(t) \):

We can now obtain the ratio of the extrapolated area \( bA_e \) to the actual area \( bA_x \):

\[
\frac{bA_e}{bA_x} = \frac{A_c}{A_x} \quad [3.13]
\]

In the sample collected the measurement of \( \bar{c} \) is uncorrected for recirculation and for incompleteness of recovery. Multiplying by the known sampling time \( t_n \) gives \( A_x = \bar{c} t_n \). Inserting this into Eq. [3.13] yields the corrected and extrapolated area \( A_c \):

\[
A_c = A_x \frac{bA_e}{bA_x} = \bar{c} t_n \frac{bA_e}{bA_x}
\]

that together with Eq. [3.12] gives the flow equation

\[
F = \frac{m_0}{\bar{c} t_n [bA_e/bA_x]} \quad [3.14]
\]
where the ratio \( bA_c/bA_x \) is the correction that changes the measured area \( A_x \) to the correct area \( A_c \).

### 3.4 Successive Cumulative Samples

This sampling procedure is widely used because it allows extrapolation without the necessity of special instrumentation ["on-line" densitometry of dye in whole blood can present problems of linearity whereas conventional spectrophotometric analysis of dye in samples of blood or plasma together with a suitable standard dilution avoids (corrects for) such problems].

Usually a series of \( n \) samples is collected at the outlet over successive time intervals of equal duration \( \Delta t \) (e.g., 1 sec). Thus one obtains a succession of cumulative samples in the \( n \) time intervals from 0 to time \( t_n \). Consequently \( t_n = n\Delta t \). The outlet concentrations in the samples numbered 1, 2, \ldots, \( n \) are denoted \( c_1, c_2, \ldots, c_n \).

The curve is drawn as a "staircase" on semilogarithmic paper and extrapolated to infinity by a line intersecting the middle of the steps. Let the first step that fits on this monoeponential curve be step number \( r \); the area \( A_c \) is then obtained in two parts as

\[
A_c = \sum_{i=1}^{r} c_i \Delta t + c(r) t_{1/e} \tag{3.15}
\]

This indicates that the individual areas of all the \( r \) rectangles that comprise the area are summed up to time \( t_r \). Then \( c(t_{1/e}) \) is read off the semilogarithmic plot midway between \( c_r \) and \( c_{r+1} \). The time constant \( t_{1/e} \) is, as previously discussed, the time that it takes for the curve to decrease to 0.37 of its initial value \( c(t_0) \). One can also just take the half-time \( t_{1/2} \) and then calculate \( t_{1/e} = t_{1/2}/0.693 \).

### 3.5 Comments on the Measurement of Flow by the Bolus Injection Method

It is important to consider extrapolation to infinity. A practical way of assessing the validity of extrapolation consists of checking the calculated flow with flow determined by a method not requiring extrapolation. Usually the initial downslope of the curve is employed in the extrapolation. But not uncommonly a careful correction for the recirculation will show that this initial part of the downslope is not the correct exponential to be used for the final part of the washout process. The error involved will probably in most cases be an underestimation of the true area under \( c(t) \) because slower outwash rates of the tail are masked by the recirculation. In instances with which the authors are familiar (Evans Blue T-1824 in human brain and in exercising human forearm) an underestimation
of approximately 10% of the \( c(t) \) area results from using the conventional mode of extrapolation plotting the initial part of the downslope of \( c(t) \) on semilogarithmic paper.

The recovery of the indicator bolus at the outlet that we sample from may be incomplete for reasons other than errors in extrapolation or in correcting for recirculation. We may, for instance, be wrong in our assumption that the indicator used is leaving the system solely via the well mixed outlet where sampling is made. That is, losses through other outlets could occur at sites designated as sinks (remember that all systems are by definition conservative; neither breakdown nor permanent retention or sequestration occurs inside the system), through evaporation through skin, lymph drainage, and so forth. If several indicators are injected simultaneously one indicator may be completely recovered whereas others may not. It is convenient in such cases to replace \( m_0 \) in the dose divided by area equation by \( Rm_0 \) where the recovery \( R \) is the fraction of the injected amount \( m_0 \) that emerges via the outlet from which recordings are taken. Eq. (3.3) thus may be written

\[
F_{\text{out}} = \frac{R}{\int_0^\infty [c(t)/m_0]dt} = \frac{R}{\int_0^\infty w(t)dt} \tag{3.16}
\]

where \( F_{\text{out}} \) is the flow through that outlet and \( w(t) = c(t)/m_0 \) is the concentration per unit dose at the same site. The concentration per unit dose is a quantity especially useful when comparing results for different injection doses and for different indicators.

Nonstationarity of systemic parameters is another problem. The outflow is, of course, never exactly constant. The act of injecting the bolus alone must disturb \( F \) if only to eliminate the amount of fluid injected. Conservation of mass still holds and for a small time interval \( dt \), the eliminated amount is

\[
dm_{\text{out}} = F(t) c(t)dt \tag{3.17}
\]

Integrating and defining a mean flow \( \bar{F} \) according to the dose divided by area concept

\[
m_{\text{out}} = m_0 = \int_0^\infty F(t) c(t)dt = \bar{F} \int_0^\infty c(t)dt \tag{3.18}
\]

Therefore, when the flow situation is varied the dose/area ratio yields a weighted mean flow defined by Eq. [3.18].

Many authors studied the influence of the nonsteadiness of \( F \) in the circulation. Consider, for example, the cardiac output. At the aortic valves blood flows only during the systole. The cardiac output measured as dose/area is found to yield the correct average flow with very little error because the cardiac cycle (approximate 1/sec) is brief relative to the mean transit time of a bolus (10 to 15 sec).
3.6 The Bolus

The dose $m_0$ of indicator that is injected must be measured accurately. It is trivial to remark that any amount remaining in the injection system (catheter, stopcock) must not be included. Yet, the need to be certain about the amount entering the system does pose some practical problems. In some cases it is most practical to fill the entire injection system with the injectate prior to injecting the bolus and then to determine the volume injected $V_i$ as the weight loss of the syringe divided by the specific gravity of the solution.

The concentration of the injectate $c_i$ may be determined by diluting a known volume $\Delta V_b$ (e.g., 0.100 ml) by a known volume $\Delta V_0$ of blank carrier fluid (e.g., 10 ml) collected from the outlet just prior to the study. This diluted injectate is termed the standard and its concentration $c_s$ is measured in the same way as all the samples collected during the study are measured. The use of a standard that is diluted to about the same indicator concentration as that of the samples tends to correct for non-linearity of the analytical procedure. The dose of indicator is calculated by

$$
Dose = m_0 = c_s V_i = c_s \frac{\Delta V_0 + \Delta V_b}{\Delta V_i} V_i
$$

When the carrier fluid is a multiphase fluid such as blood it may be convenient to consider the dilution factor $B = (\Delta V_b + \Delta V_i)/\Delta V_i$ as a conversion factor for the injected volume $V_i$. In this way the experiment can be considered to consist of the injection of $V_b$ milliliters of carrier fluid containing indicator at concentration $c_0$, with $V_b = [(\Delta V_0 + \Delta V_i)/\Delta V_i] V_i$. This mode of viewing the experiment may help to clarify that the flow $F$ determined as dose/area is the flow of carrier fluid (blood) used to make up the standard regardless of how the concentrations are actually measured. The point discussed in detail in Chapter 1, Sec. 1.8 has been repeated here because of the confusion often resulting when, for example, $c(t)$ and $c_s$ are actually measured in plasma while $F$ is obtained in milliliters of whole blood per unit of time.

The bolus can be injected rapidly or slowly and at constant or variable speed. The time and the site of injection are not important. All we must know is that the amount $m_0$ has entered. However, in practice it is important to deliver the bolus rapidly and close to the mixing site in order to minimize recirculation problems.

3.7 Convection and Diffusion

In Sec. 3.1 we derived the dose divided by area equation on the basis of the equations
Membrane "pumps" and pinocytosis are also bulk transport processes in that carrier and indicator (or tracer and mother substance) move together.

Fick's diffusion equation

Bucket sampling

Bucket sampling procedure we collect fluid (respectively, mother substance) as it leaves the outlet. Each sample is collected in a "bucket" (test tube, syringe, etc.). This assures that if we collected the total amount \( dm_{out} \) of indicator leaving the system in intervals of \( dt \) sec then

\[
dm_{out} = \begin{cases} 
Fc(t)dt \\
J_5(t)dt 
\end{cases} 
\]

These equations state that the amount of tracer crossing the outlet boundary surface during \( dt \) is given by the amount of carrier substance multiplied by the amount of indicator per unit amount of carrier. Both equations may be termed bulk transport equations in that carrier and indicator move together. A typical form of bulk transport is convective flux, that is, bulk transport by fluid flow.

In addition to the bulk transport, diffusion may transport indicator out of the system without a corresponding (net) transport of carrier substance. This means that the correct equation for the amount leaving in \( dt \) is

\[
dm_{out} = \begin{cases} 
Fc(t)dt - D\frac{\partial c}{\partial x}dt \\
J_5(t)dt - D^*\frac{\partial r}{\partial x}dt
\end{cases} 
\]

where \( D \) (cm\(^2/\)sec) is the diffusion coefficient in the fluid and \( D^* \) is the corresponding coefficient for interdiffusion of tracer in the mother substance, and \( S \) is the cross sectional area of the outlet.

Thus it is apparent that \( dm_{out} \) depends not only on the concentration of indicator at the outlet but also on the concentration gradient at the outlet in the direction of the flow or flux. In deriving the dose divided by area equation the diffusion transport term was neglected. This is permissible as the effects of diffusion cancel out, as will become apparent from the analysis given below.

**Bucket sampling**

In the usual sampling procedure we collect fluid (respectively, mother substance) as it leaves the outlet. Each sample is collected in a "bucket" (test tube, syringe, etc.). This assures that if we collected the total amount \( dm_{out} \) of indicator leaving the system in intervals of \( dt \) sec then

\[
dm_{out} = \begin{cases} 
Fc \text{ bucket } (t)dt \\
J_5 \text{ bucket } (t)dt
\end{cases}
\]

In other words, because the buckets accumulate all the effluent carrier fluid (respectively, carrier mother substance) in sequential samples we can use the simple bulk transport equation for obtaining \( dm_{out} \). The same is true if our bucket collects a constant fraction of the effluent carrier fluid.

Two important conclusions are reached. First, because of diffusive flux at the outlet the concentration in the bucket is not identical to the outlet concentration in the same \( dt \) interval. Precisely expressed, from Eqs. [3.21] and [3.22] it can be seen that
the concentration in the sample collected by the bucket:

\[
\begin{align*}
    c_{\text{bucket}} (t) &= c(t) - DS/F \frac{\partial c}{\partial t} \\
    s_{\text{bucket}} (t) &= s(t) - D^* S/J \frac{\partial s}{\partial t}
\end{align*}
\]  

[3.23]

Second, we see that by integrating Eq. [3.22] we obtain the dose divided by area equation for flow or flux. Hence it is apparent that the bucket sampling procedure used converted a convective-diffusive indicator transport [Eq. 3.21] into a convective transport [Eq. 3.22]. Diffusion is thus automatically taken into account for flow or flux determination by the bolus technique because the bucket sampling procedure includes this transport and converts it into what we might term an equivalent convective transport.

**In situ monitoring**

Suppose a continuously monitoring device such as a densitometer is mounted on the outlet. The device might “look” across the stream or consist of a catheter tip sensitive to the indicator. Thus the outlet concentration \( c(t) \) can be recorded. This concentration does not allow us to deduce the amount of indicator leaving the system in \( dt \). To obtain \( dm_{\text{out}} \) a correction term for diffusion must be applied.

The magnitude of this correction, that is the relative role of diffusion, may be assessed as follows. Let Eq. [3.23] for the indicator–carrier fluid be written

\[
c_{\text{bucket}} (t) = c(t) [1 - DS/F \int (\partial c/\partial t) \partial x] \]

[3.24]

The diffusion coefficient \( D \) of an indicator molecule of order mol. wt. 100 in blood is approximately \( 10^{-5} \) cm\(^2\)/sec. For an outflow velocity \( F/S \) of order 1 cm/sec and a fractional indicator concentration gradient \( (\partial c/\partial x) \) of order 1 cm\(^{-1}\) the correction term in Eq. [3.24] is of order \( 10^{-5} \) which is completely negligible. For heat (or cold) as indicator the “diffusion coefficient” \( [\text{thermal conductivity}/(\text{specific heat } \times \text{density})] \) is approximately \( 10^{-3} \) cm\(^2\)/sec and the correction term might become appreciable. Of course if the outflow velocity becomes sufficiently low then the diffusive term can predominate over the convective term for any indicator.

As already mentioned, in situ monitoring of \( c(t) \) does not, after multiplication by \( F dt \), yield \( dm_{\text{out}} \). Nevertheless, the correct flow is obtained by using the area under the \( c(t) \) curve regardless of the relative magnitude of the diffusive component. This may seem surprising. It is derived from the equal area rule presented in Chapter 4. We can here comment on this result by stating that the flow equation is obtained from the integral of Eq. [3.21]; that is, for \( m_o \) we have

\[
\text{Dose} = m_o = F \int_0^t c(t) dt - DS \int_0^t \frac{\partial c}{\partial x} dx dt
\]

[3.25]
In the single inlet-multiple outlet system described in Chapter 4 the catheter tip must not move.

In general the sampling catheter gives a different curve shape, but \( A_1 = A_2 \). The curve shape is maintained only in instances of plug flow in the catheter.

where the net effect of diffusion, the integral of the diffusive flux (second term on the right side) is 0. This may perhaps be intuitively accepted; the net forward diffusive flux on the upslope part of the \( c(t) \) curve is precisely counterbalanced by the net retrograde flux on the downslope. The two curves \( c_{\text{bucket}}(t) \) and \( c(t) \) thus have the same area.

The treatment given in this section has demonstrated that diffusion can be disregarded. For this reason the suffix in \( c_{\text{bucket}}(t) \) may be dropped and the measured outlet concentration may be denoted by \( c(t) \) regardless of whether “in bucket” or “in situ” measurement is used.

### 3.8 The Sampling Catheter

The system analyzed in this chapter has only a single outlet. Hence we may sample from any site in the outlet aperture and this sampling site (e.g., the location of the tip of the sampling catheter) need not be the same throughout the experiment.

The entire conduit connecting the outlet orifice to the “bucket” of collection will be termed the sampling catheter: needle + catheter + stopcock + nozzle of collecting syringe (or whatever else is used in a particular experiment).

The influence of the sampling catheter is simple to describe in the case where we collect a constant fraction \( \alpha \) of the outflow \( F \) and where the linear velocity in the catheter equals that of the outlet stream (plug flow at velocity \( F/S \)). In this case the catheter sampling is precisely equivalent to the “bucket” sampling procedure outlined in Sec. 3.7. Hence mass balance relative to the catheter gives

\[
\begin{align*}
\text{Total amount} & = \text{Total entering amount} = \text{Total leaving amount} \\
\text{catheter} & = \text{catheter} & = \text{catheter}
\end{align*}
\]

\[
\alpha m_0 = \alpha F \int_0^\infty c_{\text{into catheter}}(t) \, dt = \alpha F \int_0^\infty c_{\text{out from catheter}}(t) \, dt \quad [3.26]
\]

Thus it is apparent that the area that should have been measured, that is, that under the outlet's concentration curve, equals that at the sampling end of the catheter regardless of how long it is.

But in most cases we do not collect at the same linear velocity as that of the fluid leaving the outlet orifice. Thus the local concentration pattern in the outlet \( c(t) \) as well as \( \partial c/\partial x \) is deranged. In this situation it is convenient to consider the catheter as part of the system. Then, provided the cross-stream mixing at the original outlet also holds immediately upstream thereof, we can take this upstream site as a well-mixed inlet to a multi-outlet subsystem where the catheter's free end (that in the bucket) is one outlet. According to the analysis given in Chapter 4 the equal area rule states that the
area under this outlet curve is the same as that at any point in the outlet orifice.

In conclusion, the sampling catheter poses no problem. The only fairly obvious point to make is to be sure to start the sampling before the indicator reaches the systemic outlet and to continue sampling until all indicator has passed this location and until all indicator in the catheter has reached the collection bucket (respectively, until the time from which a valid extrapolation can be made).

3.9 Flux and Clearance

The preceding sections have been concerned mainly with flow determination by the bolus technique. But, as derived in Sec. 3.1, the same principles apply to determination of flux and clearance.

Thus, if the flux $J$ of a systemic substance occurs via a convective flow $F$ of carrier fluid, then in a bolus indicator experiment

$$J = FC = \frac{m_0}{1/C \int_0^s c(t) dt} = \frac{m_0}{\int_0^s c(t) dt}$$

[3.27]

where $s(t)$ is the ratio of the concentration of indicator $c(t)$ and of the systemic substance of interest $C$ at the outlet.

If the indicator is a tracer for a systemic substance, Eq. [3.27] is obtained directly by the "transformation" explained in Chapter 1: $F \rightarrow J$ and $c \rightarrow s$, which changes $F = m_0/A_c$ into $J = m_0/A_e$. We can also derive Eq. [3.27] on the basis of the bulk-transport equation for mass balance, that is from $dm_{out}/dt = Js(t)dt$ where $J dt$ is the amount of mother substance leaving the system in the interval from $t$ to $t + dt$ and $s(t)$ is the specific activity of tracer of that time interval. Integration yields Eq. [3.27]. As discussed in Sec. 3.7, we are allowed to derive the flux equation as is done here, that is, by considering only bulk transport (tracer and another substance going together). The independent flux of tracer due to interdiffusion in the carrier mother substance does not contribute to the total area under the specific activity curve.

As an example of a nonconvective flux consider the measurement of total body albumin flux $\text{J}_{\text{album}}$ by the use of $^{131}$-labeled albumin injected intravenously. The plasma specific activity curve $s(t)$ is followed for 14 days by daily sampling and $\int_0^\infty s(t) dt$ is determined using conventional monoexponential extrapolation. Assuming that the specific activity of tracer albumin at the true outlet equals that in the plasma at the same time permits the use of the dose/area Eq. [3.27] for calculating $\text{J}_{\text{album}}$.

The clearance $C/\text{(ml/sec)}$ has been defined for a systemic
substance as the ratio of the efflux \( J_{\text{out}} \) (g/sec) to the concentration of the substance in a suitable reference fluid \( C_{\text{ref}} \) (g/ml)

\[
Cl = \frac{J_{\text{out}}}{C_{\text{ref}}} \text{ (ml/sec)} \quad [3.28]
\]

This clearance could be determined by direct measurement of the amount of systemic substance leaving the system per unit time (e.g., the urinary creatinine excretion rate) and of the appropriate reference fluid concentration (the serum creatinine). We could also employ an indicator constant infusion technique (such as inulin) and measure the same parameters in the indicator steady state.

Can the clearance of a systemic substance defined in Eq. [3.28] be determined from a bolus injection experiment? Yes, it can if the system has a single outlet because substitution of Eq. [3.27] into [3.28] gives

\[
Cl = \frac{C_{\text{out}}}{C_{\text{ref}}} \cdot \frac{m_0}{\int_0^{\infty} c_{\text{out}}(t)dt} \quad [3.29]
\]

Thus, by using the outlet fluid as reference fluid

\[
Cl = \frac{m_0}{\int_0^{\infty} c_{\text{out}}(t)dt} \quad [3.30]
\]

As an example we may take the urinary clearance of inulin or \(^{51}\)Cr-labeled EDTA (ethylenediaminetetraacetate, EDTA) as determined with plasma as the reference fluid. The area is the area under the plasma disappearance curve extrapolated to infinity. Because these substances are excreted solely in the kidney and because glomerular filtration is the mode of excretion, the dose-over-plasma-curve area is the glomerular filtration rate.

Just as in the case of the flux of plasma proteins it is advantageous to employ a bi or a tri exponential representation of the plasma curve. This has the sole purpose of facilitating calculation of the area. In Chapter 10, where the exponential function is presented in detail, it can be seen that if

\[
c(t) = a \exp(-\alpha t) + b \exp(-\beta t)
\]

then

\[
\int_0^{\infty} c(t)dt = A_e = a/\alpha + b/\beta
\]

and hence

\[
Cl = \frac{m_0}{a/\alpha + b/\beta} \text{ ml/min} \quad [3.31]
\]

(For urinary clearance the time unit is usually minutes and this unit must also be employed when obtaining \( \alpha \) and \( \beta \).)
EXERCISES

3.1 Radioactively labeled microspheres are injected in the left atrium as a bolus and continuous sampling of blood is made from the femoral artery at the constant rate of 0.5 ml/sec for 30 sec (i.e., until bolus has passed sampling site). In a fixed counting geometry the injected amount was $3 \times 10^7$ cpm and the whole blood concentration $10^4$ cpm/ml.

Calculate cardiac output using Eq. [3.10]. Now think of the experiment in terms of the bolus fractionation principle:

$$\text{Cardiac output} = \frac{\text{Total dose}}{\text{Flow rate through needle} \times \text{Counts through needle}}$$

That is, the fraction of the cardiac output sampled through the needle equals the fraction of the microspheres collected.

In the kidneys the microspheres (10 to 15 μm in diameter) are totally retained. If 1 g of homogenized kidney tissue has a counting rate of $6 \times 10^6$ cpm, use the bolus fractionation principle to calculate renal blood flow.

3.2 $^{131}$I-labeled human serum albumin in sterile saline containing carrier albumin is injected via the femoral vein using nonlabeled saline to flush the catheter. The injected amount is determined by weighing 0.8483 g, specific gravity 1.030. A series of blood samples is taken from the femoral artery starting c. 5 sec before and continuing after the injection with an interval of 1.20 sec. Whole blood (0.5 ml per sample) is counted as well as 0.5 ml of a mixture of 50 μl injectate and 5 ml of whole blank blood.

The observed counts as accumulated over 200 sec were (standards in the first two holes): 563472, 558687, 739, 738, 730, 728, 735, 813, 1043, 2451, 9719, 23754, 40131, 46914, 43978, 35107, 24784, 16917, 11262, 7558, 5159, 3907, 3241, 2974, 3389, 4059.

Plot a graph of the curve both on linear and on semilogarithmic graph paper. Calculate cardiac output of whole blood and of plasma (the hematocrit is 0.40).

3.3 A bolus of insulin is injected intravenously (i.v.) and a plasma curve is observed over 5 hr that can be well approximated by

$$w(t) = 0.0005 e^{-0.03t} + 0.0001 e^{-0.01t}$$

where $w(t)$ is the concentration as measured in fractions of injected dose per ml of plasma, and $t$ is measured in minutes.

Calculate $C_l_{in}$ in ml/min and calculate the initial volume of dilution that should equal the plasma volume. Also calculate the total volume of dilution that is a measure of the interstitial space (for this calculation see Chapter 7).